



Fairhaven SLSC – Gym Rules

7th July 2019

The Club provides Gymnasium (Gym) Facilities for the use of members.

Use of the gym located at 18 Yarringa Road is subject to the following rules and regulations: -

1. Eligibility of Use;

- a. The Gym Facilities are only available to fully paid financial members who are 16 years old or over.

2. To Gain Access;

- a. The Gym is accessed via a security fob. If you would like access to the Gym, please forward your request to clubadmin@fairhavenslsc.org, including your full name, postal address and contact phone number.
- b. A fob can only be issued to members 16 years and over.
- c. Fobs can be shared between family members who are financial club members, but fobs are not to be shared with non-members. This is extremely important for public and personal liability insurance reasons, Non-financial members are not insured.
- d. Fobs are the responsibility of the member who it was issued to. If lost, the registered member will be liable for the replacement cost (approx. \$15). If a fob is misplaced, lost or stolen, please advise clubadmin@fairhavenslsc.org immediately.
- e. Fob access will remain current while a member is financial. Access will be reset each season once a member has renewed their membership by October.

3. Conditions of Use;

- a. Members must be in a good state of health and medically fit to use the Gym facilities and equipment.
- b. Members must not use the facilities or equipment if they are suffering from:
 - i. An infection, or
 - ii. A contagious illness, or
 - iii. A physical ailment, such as an open cut or sore, or
 - iv. Where there is any risk, however small, to other members.
- c. Members must replace all gym equipment to their respective racks/stands immediately upon completion of exercise and not leave weights and other equipment on the floor where it is a tripping / safety hazard.
- d. Personal items / bags etc should be placed away from gym equipment.
- e. All members are required to wear suitable attire, shoes and always carry a sweat towel.
- f. Wet clothing is not allowed in the gym.
- g. Members must remove all sand from their body / feet before entering gym.
- h. While using the Gym, members must adhere to the Clubs Code of Conduct, being especially mindful of behaviour which could cause harm, create a hazard or nuisance to other members.
- i. No food or alcohol is to be consumed on the premises.



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4. Upon Departure

- a. Last member to leave secures all doors, windows and turns off internal lights

5. General

- a. The Fairhaven Surf Life Saving Club accepts no responsibility for lost or stolen items.
- b. Members are to report any breakage or damage to equipment to the VP of Facilities at buildings@fairhavenslsc.org
- c. By using the Fairhaven SLSC Gym facilities and equipment, you are agreeing to these rules.
- d. The rules and regulations may be amended by the Committee of Fairhaven Surf Life Saving Club at any time.